



Bracelet Sizing Guide

The FRIDA bracelet sizer must be printed on a full letter (8½ x 11 inches) size page.
To ensure printing accuracy, place a credit card on the line below.
If the card fits, you are ready to begin.



Option 1: Measure Using A Ruler

Using a tape measure, a piece of ribbon, string or cord, wrap it around your wrist and measure against a ruler.

Option 2: Measure Using The FRIDA Wrist Sizer

After you cut out the wrist sizer, carefully cut a slit where it indicates "cut here".
Wrap the wrist sizer around your wrist, and pull the tapered end through the opening. Do not pull too tightly.
The number that lines up with the edge of the opening is your wrist size.



STRATA™ Bracelets

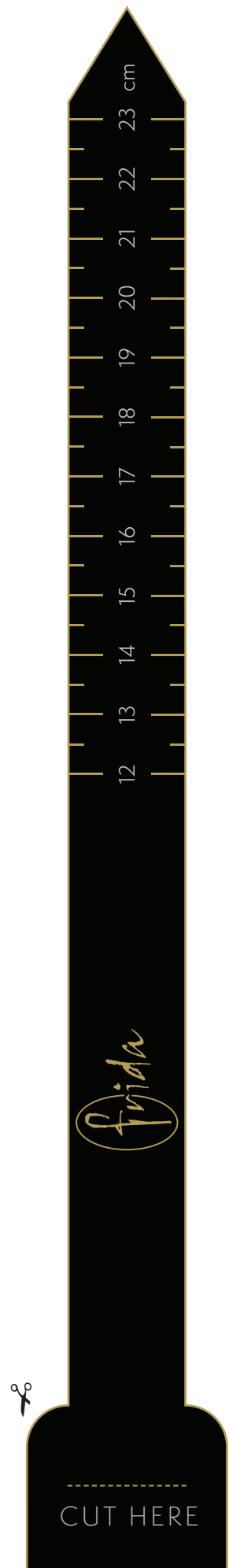
STRATA™ bracelets are rounded-square and fit an average wrist size of 16-19cm.

Should a custom size be required, please contact us.

LAYERS OF LUXURY

A fully coordinated, contemporary, yet timeless collection, each layer of STRATA™ is handmade in 18kt gold, accented by beautiful diamonds or coloured gemstones.

frida.ca/strata



Please note, the FRIDA wrist sizer is an indicative guide and therefore may not be an exact measure.

Should you need assistance, please contact us.